

Our Food and Nutrition Policy



At Craigie Childcare Centre we are committed to providing delicious, nutritious, healthy meals and snacks for your child. We believe meal times should be social and enjoyable.

All meals are prepared daily in our kitchen at the centre. This includes baby food as well as snacks and meals for older children. Our meals are prepared with strict adherence to Australian food preparation standards.

We believe in supporting local producers and use fresh, preservative and additive free produce when possible.

We believe it is important to take into account each child's individual likes and dislikes. We will always encourage your child to taste and try but they will never be forced to eat and will always be offered alternative meals.

All of your child's meals will also be prepared in accordance with your child's age, culture and special dietary requirements. Allergies are rigorously documented and meals prepared accordingly.

All of our weekly menus will be posted outside our kitchen each week and families will be advised of their child's daily intake each day in their communication book. We encourage families to provide us with favourite family recipes and we will share popular recipes on the website or provide them at your request.